



vBS from home

A digital packet on prayer



Jesus' Teaching on Prayer

Read the following from Luke, chapter 11, and recite the Lord's prayer together.

1 One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray, just as John taught his disciples."

2 He said to them, "When you pray, say:

"Father,

hallowed be your name,

your kingdom come.

3 Give us each day our daily bread.

4 Forgive us our sins,

for we also forgive everyone who sins against us.

And lead us not into temptation."

Why is it so important to pray?

Who are we talking to when we pray?



Bible study:

A Psalm is a **prayer** to God, telling Him about what's happening in your life.

Look at the following Psalms and think about what was happening to David at the time he wrote them.

Psalm 3

1 Lord, how many are my foes!

How many rise up against me!

2 Many are saying of me,

“God will not deliver him.”[b]

3 But you, Lord, are a shield around me,

my glory, the One who lifts my head high.

4 I call out to the Lord,

and he answers me from his holy mountain.

5 I lie down and sleep;

I wake again, because the Lord sustains me.

6 I will not fear though tens of thousands

assail me on every side.

7 Arise, Lord!

Deliver me, my God!

Strike all my enemies on the jaw;

break the teeth of the wicked.

8 From the Lord comes deliverance.

May your blessing be on your people.

David had to leave the city because Absalom was trying to become king. David may have written this while on the run from Absalom.

Is there a time you've been afraid like David was in this Psalm? How did God help you?

Psalm 30

1 I will exalt you, Lord,
for you lifted me out of the depths
and did not let my enemies gloat over me.
2 Lord my God, I called to you for help,
and you healed me.
3 You, Lord, brought me up from the realm of the dead;
you spared me from going down to the pit.

4 Sing the praises of the Lord, you his faithful people;
praise his holy name.
5 For his anger lasts only a moment,
but his favor lasts a lifetime;
weeping may stay for the night,
but rejoicing comes in the morning.

6 When I felt secure, I said,
“I will never be shaken.”
7 Lord, when you favored me,
you made my royal mountain[c] stand firm;
but when you hid your face,
I was dismayed.

8 To you, Lord, I called;
to the Lord I cried for mercy:
9 “What is gained if I am silenced,
if I go down to the pit?

Will the dust praise you?
Will it proclaim your faithfulness?

10 Hear, Lord, and be merciful to me;
Lord, be my help.”

11 You turned my wailing into dancing;
you removed my sackcloth and clothed me with joy,
12 that my heart may sing your praises and not be silent.
Lord my God, I will praise you forever.

This is a Psalm filled with_____.

What are you grateful for?

Can you write a Psalm of thanksgiving?

What do we learn about David's relationship with God from his Psalms?

Create a Psalms prayer journals of your own in which you write down your prayers. You can write prayers asking for help or protection for yourself or others, prayers of thanks, prayers of praise, or prayers for anything you'd like! You can even sing or chant your prayers to music like we do with Psalms!



What do we learn about our relationship to God with our own prayer journal (Psalms)?

Craft #1 - Prayer Pail



All you need is:

- large craft sticks (or cleaned popsicle sticks)
- a bucket (or you can use an empty tin can, flower pot, mason jar...whatever really)
- scrap paper
- markers
- stickers
- scissors
- double sided tape
- ribbon

Step 1: Cut out a strip of card stock, add the words "Prayer Pail" with stickers or a pen, and attach to the front of your bucket with double sided tape. Feel free to decorate the back as well with some stickers, verses on prayer or anything else you would like!

Step 2: Write the names of friends, family and any other people or things you want to be praying for on the craft sticks and place in your bucket.

Some of ideas: the names of Friends and Family, the Lost (People who don't know Jesus), missionaries we know, Our Church, Our Neighbors, Our City, Thank Him!, Praise Him!, You Choose (they can pick anything they want to pray about)



Step 4: Cut a bunch of ribbon pieces and tie on the handle to spice things up a bit.

Step 5: At any time , pull out a stick or two and say a prayer together!

“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.” Ephesians 3:18.



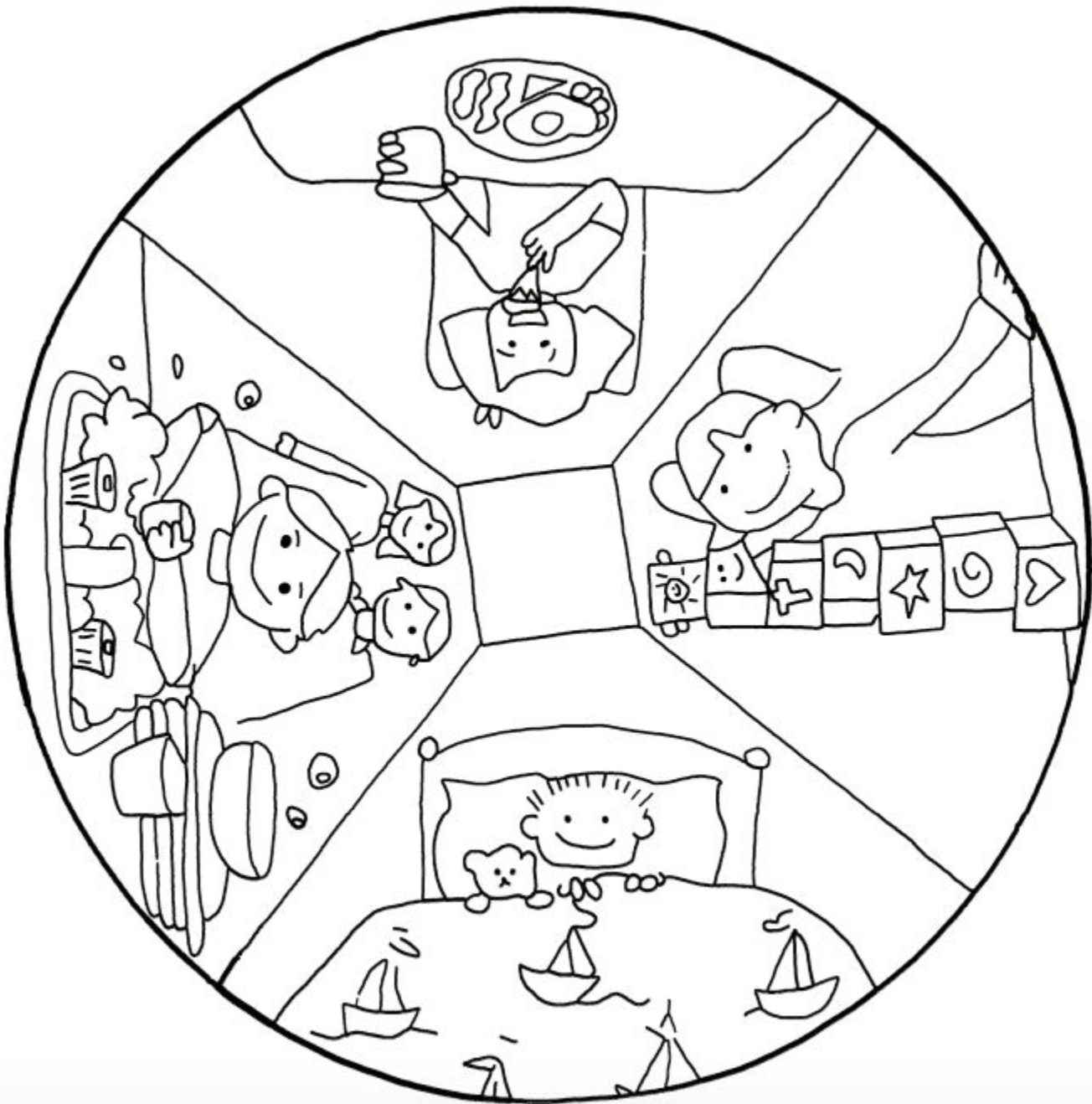
Craft # 2 - "I can pray when I..." Wheel

The Bible tells us that "the eyes of the Lord are toward the righteous And His ears are open to their cry." Psalm 34:15

This craft will serve as a reminder and let the kids know they can pray at any time.

I Can Pray When I...





Instructions

1. Print the templates.
2. Color both circles.
3. Cut out both circles.
4. Glue both circles onto a piece of construction paper or cardstock for strength. *Optional*
5. Make a small hole into the middle of the circles. Stick a metal brad through it. Open and bend the legs.

Games

Prayer Balloons

1. Choose several people or groups to pray for. Cut small slips of paper and write one name on each. Roll the paper up and push each one into a balloon before blowing it up.
2. Form into a circles and bob a balloon out to someone. Or toss several out at once! No balloon is to touch the floor and no one is to hold a balloon. Rather, they are to keep them in the air with volleyball-like taps.
3. After 30 seconds, blow a whistle. Now, the nearest person catches the balloon and holds it.
4. Instruct balloon-holders to pop the balloon and retrieve the slip of paper. Read about that group from the book and pray. If you've used several balloons, pop each ballon that was caught and say a prayer for each paper. Repeat as long as you're still having fun!



Nature Prayer Walk

1. Print the checklist on the following page.
2. Go outside and find an item in nature to check each box on the list.
3. Pray to thank God for all of the wonderful things he's put in the world.

NATURE PRAYER WALK

SCAVENGER HUNT



SEE HOW FAST YOU CAN FIND ALL THESE ITEMS:

- Find something funny that God made.
- Find a bird that is singing to God.
- Find something colorful that God made.
- Find a leaf that reminds you how creative God is.
- Find 2 sticks & make them into a cross.
- Find a flower that smells good.
- Find anything you want to thank God for.
- Find something that God made that is alive.

After you're done, you can thank God for everything He made that you found today! This is a great way to practice the presence of God together.

THE LEGEND OF THE PRETZEL



Around the year 600 AD, a Catholic Monk decided to make a special treat for the children who learned to recite their prayers.

Christians in those days prayed by folding their arms across their chests with each hand touching the opposite shoulder.

This clever Monk formed the dough so that it would look like arms folded in prayer.

He gave his creation the name pretiola, which in Latin, means "little reward".

THE SIMPLE SHAPE OF THE PRETZEL ARMS
FOLDED IN PRAYER REMINDS US

TO PRAY EVERY DAY!

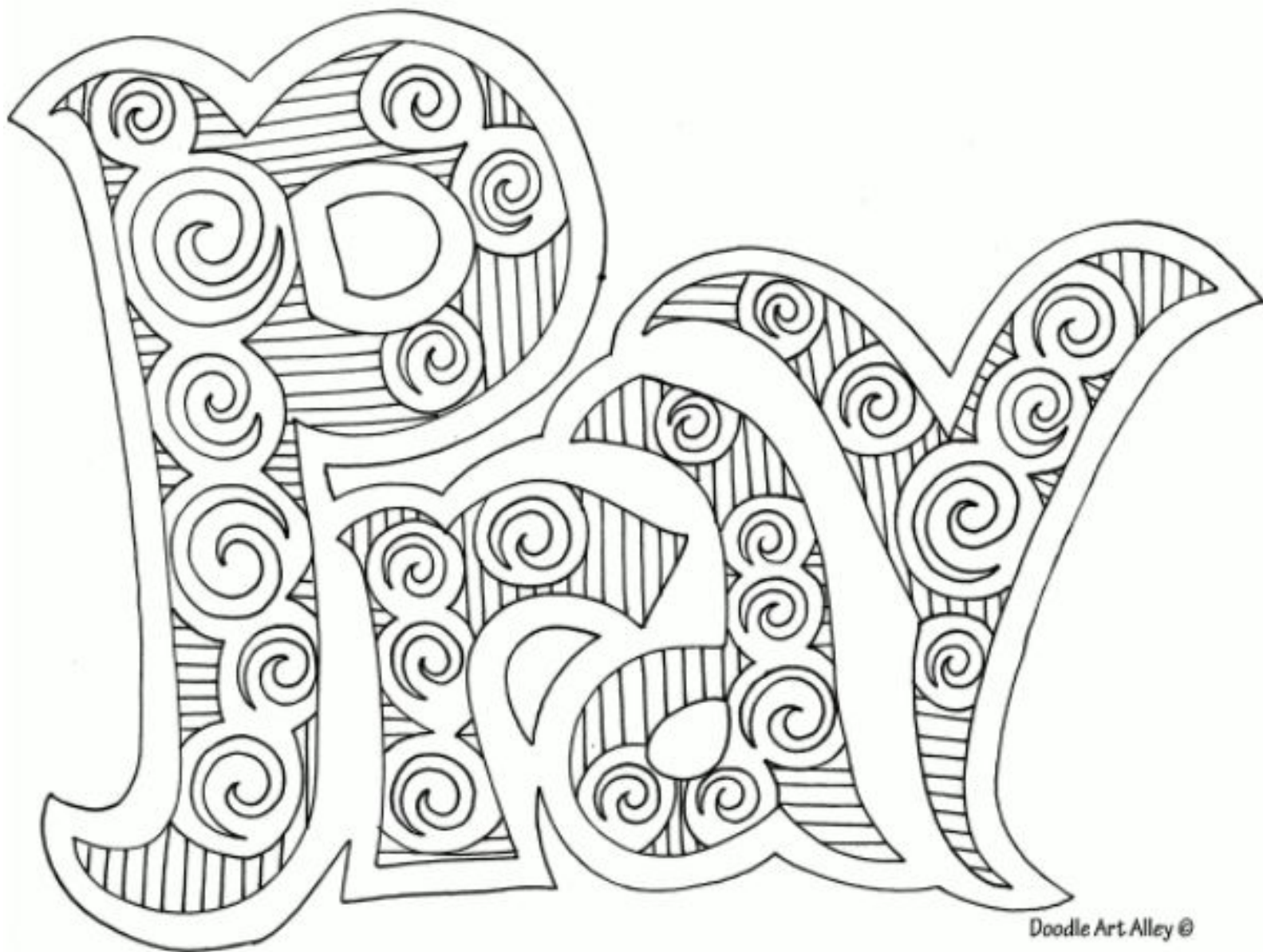
Coloring pages:

BibleWise



Pray Daily





Doodle Art Alley ©

Links to videos about prayer:

https://youtu.be/ZrdlXOk_QdQ “God's Story: Prayer”

https://youtu.be/jB10aU5t_as “Why do we pray?”

<https://youtu.be/qFmOCYj0Fvk> “How do we pray?”

Links to music about prayer:

<https://www.youtube.com/watch?v=YdGId-ZJtSU> “The Lord’s Prayer”

<https://www.youtube.com/watch?v=ABoyVKTPY5c> “God Answers Prayers Song”

<https://www.youtube.com/watch?v=7rw4pQKOgWw> “Prayer is like a Telephone”

Links to more coloring pages...

<https://coloringhome.com/prayer-coloring-page>

<https://biblestoryprintables.com/bible-coloring/prayer-bible-coloring-pages/>

<http://www.religiousdoodles.com/prayer-coloring-pages.html>